### **Training Session Handouts**

# Head Off Patient Telephone Nightmares with Proven Etiquette Tips

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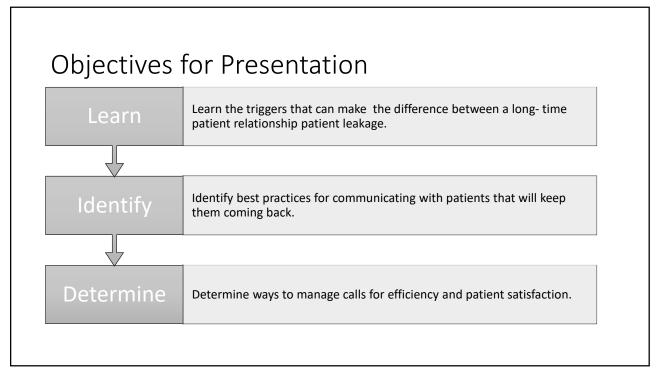
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1



# Did you know....

Patient frustration comes from unmet expectations.

Customer service and phone etiquette are mutually exclusive.

3

# Did you Know....

80% of first - time patients' contact with your organization is by telephone.

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# Did you Know....

• You have only 30 seconds to make a good impression with the caller.

5

# Did You Know.....

• 35% of callers to a medical practice reported they were unlikely to keep an appointment or return to the practice based on a poor interaction from the first telephone call.

# Did You Know.....

• Patient satisfaction has become a key criterion to evaluate the quality of healthcare services.

7

Key Phone Elements Associated With Patients' Likeliness to Return:

- Phone Access
- Greeting
- Communication
- Appointment Access
- Closing

# Phone Access

- Negative impacts associated with a patients' likeliness to return or not return include:
  - Encountering voicemail at first contact
  - Having to hold in a queue
  - Waiting longer than 3 rings for someone to answer
  - Experiencing a call transfer

9

# Greeting

- A proper greeting is associated with increased in patients' likeliness to return.
- Patients expect to be spoken to with respect and sincerity.

- Communication style and attendant's behavior are associated with a patient's likelihood to return to your organization.
- Includes:
  - · Not interrupting before the patient is done speaking
  - Speaking slowly and clearly
  - Ask need-defining questions

11

# **Appointment Access**

- The Baird Group survey found patients who were offered an appointment within two weeks are more likely to access your organization.
- Patients who were offered appointments more than two weeks out were
   4.4 times less likely to use your organization for care.
- Those patients told there are no appointments available are nearly 5 times more likely to go elsewhere.

# Closing- (Ending a Call)

• At the end of a call with a patient, when the attendant ensures the caller's needs have been met, patients are more likely to access your organization for care.

13

# Attitudinal Issues Affecting Patients' Decision to Access Care At Your Organization

- Attendant Friendliness and Empathy
- Attendant Knowledge and Resolution
- Appointment Access

# Attendant Friendliness & Empathy

- Attendant consideration of patients' time
- Attendant's interest in the callers needs
- Attendant who is patient and understanding
- Attendant's sincere interest in patients' needs
- Attendant's ability to be empathetic toward the patient increases the likelihood patient will access your organization.

15

# Attendant Knowledge and Resolution of Problems

 Patients expect the attendant to be confident and accurately provide needed information the patient requests.





- · Facts we know:
  - Trust comes from staff competence
  - Staff attitudes main contributor to a positive moment of truth
  - One third of patients will switch "ideal experience"

17

17

# **Appointment Access**

 When patients are offered an appointment that is better than what they expected, they are more likely to access your organization.

# Tips for Best Practices

19

#### Phone Access

- You may be having phone problems if-
  - Oincreasing number of walk-ins
  - Complaints about wait times or dropped calls
  - Complaints about busy signals
  - Repeat calls from patients
  - Obligation Dissatisfied patients are leaving the practice

## Call Tracking Form

	Rx	Appt	Billing	Refer	Tests	Nurse/ Dr.	Other	Total
8-9	111	111111	11	11	111111	11111	1	25
9-10								
10-11								
11-12								
12-1								
1-2								
2-3								
3-4								
4-5								

2

21

## Results of Phone Tracking

Call Reasons	Total calls	Repeat calls	% Repeat calls	
Rx	70	3	4.3%	
Appt	150	0	0.0%	
Billing	35	0	0.0%	
Referrals	25	2	8.0%	
Tests	135	10	7.4%	
Nurse/Dr.	75	5	6.7%	
Other	20	0	0.0%	
Total	510	20	3.9%	

22

#### Phone Access

- Install direct-dial lines for lab, refills, referrals and business office
- Schedule patient follow-up appointments before patient leaves
- Protocol to ask patients about refill needs at each visit
- Set expectations when patients may expect lab/test results
- Record message for directions, hours, etc.

23

23

#### Phone Access Managing Calls



- Phone facts for average operator
  - Can respond to 250-300 calls a day
  - Can route 800-1000 calls a day
  - Can schedule 50-75 patient calls for appointments with phone duties

24

#### Phone Access

- Answer the phone promptly (3rd Ring)
  - Have a back-up plan
- Minimize on-hold time
- Enunciate
- Don't conduct personal business while someone is waiting



25

25



### Greeting

- The telephone greeting is a verbal handshake
- Make a friendly introduction
- Identify the practice and yourself This establishes credibility with the patient
- Make an offer of help

# Greeting

- A bright cheerful greeting will lift most people's spirits and set the proper tone for the call.
- Speak clearly and calmly at a conversational pace; softly yet audible. This lets the patient know you have time for them.
- Don't mumble or race through the greeting. This can give the impression that you don't have time for the caller.

27

# Greeting

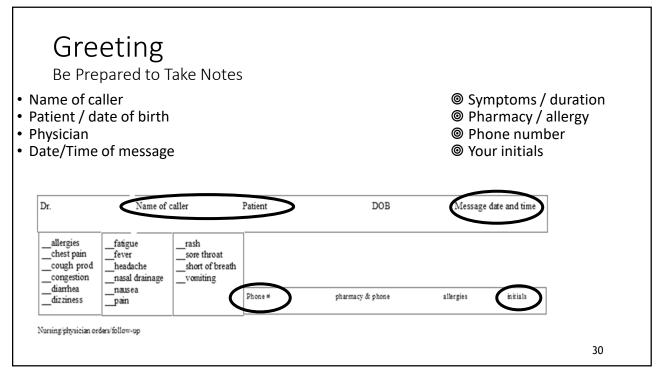
- "Good morning (afternoon), Family Practice Associates this is how may I help you?"
- "Thank you for calling Dr. \_\_\_\_'s office, my name is \_\_\_\_\_.
   How may I help you today?"



# Greeting

- Ask questions
- Be ready to take notes
- Set expectations for a return call

29



The Facts

- Face to face communication-in person
  - 7% words
  - 38% tone of voice
  - 55% body language
- Phone communication
  - 16% words
  - 84% tone of voice
  - 0% body language



31

31

Communication



- Learn to listen
- Seek to understand
- Patients want to be understood
- Show empathy



33

#### Communication

- Active Listening
  - Give the speaker time and space
  - Express appreciation for the sharing
    - Builds trust and encourages dialogue
  - Paraphrase, re-state or summarize key points
    - · Affirm your understanding
    - · Helps build on the dialogue
  - Remain non-judgmental and ask non-threatening questions
    - Builds understanding
  - Tell the patient what you intend to do and then follow through



34

Tone of Voice – 4 Critical Factors

- Energy- This reflects attitude and enthusiasm
- <u>Rate of Speech</u> A normal rate of speech is 125 words per minute; anything faster will seem rushed. A slower rate will impart a sense of disinterest and boredom, or worse, a feeling of condescension.
- <u>Pitch</u>-Height or depth in the tone of voice. Monotone pitch is boring; high pitch can grate on the nerves of callers.
- Quality-A major way to express your ideas to others.



35

# Communication Mood Altering Language Delighted Absolutely Pleasure Happy Sorry Yes

# Communication Becoming a Skilled Communicator

- "I language vs. "You" language
  - "I" language
    - Holds you responsible for your own emotional state and reaction towards a situation
    - Is more accurate and less provocative way of expressing a complaint
    - Encourages dialogue rather than seeks blame

37

# Communication Become a Skilled Communicator

- "I" language vs. "You" language
  - "You" language
    - · Injures or attacks even when you actually don't intend to
    - Points a finger and finds blame for your own reaction or emotional state
    - · Assumes knowledge of others' motives and states of mind
    - Elicits defensive and argumentative response

#### Phone Etiquette

- · Visualize the caller
- Be aware of sounding hurried
- Listen for the emotion of the patient
- Be friendly and show empathy
- Keep distractions to a minimum



39

39

# Communication Phone Etiquette

- Use caller's proper name...when in doubt, verify name pronunciation
- Call patients by their first name only when authorized to do so
- Show empathy to people in distress
- Treat all callers as customers

Communication Phone Etiquette

- Create written procedures/scripts
- Add outgoing, non-rollover lines
- Set expectations and follow through
- Have nursing staff schedule triaged calls
- Have a back-up for periods of heavy volume

41

#### Communication Phone Etiquette

- Important characteristics of good phone etiquette
  - Reliability Deliver what you promise
  - Responsiveness- Be patient with the caller
  - Assurance- Convey knowledge and courtesy
  - Empathy- Show you care

# The Close Ending the Call

- Thank the caller for choosing to call your office
- · Use their name in the closing
- · Ask if their needs were met
  - "Is there anything else I can do for you today Mrs. Jones? My name is \_\_\_\_\_. If you need anything else, don't hesitate to call and ask for me."
- · Offer your name as a contact for future calls

43

#### Phone Etiquette



- Ask permission before placing the caller on hold
- Excuse yourself before interrupting a conversation to answer the telephone
- When on the phone, acknowledge the patient in front of you with a smile and nod
- Never interrupt a patient who is talking, let them finish

44

# Phone Etiquette Verbal Messages To Patients

- · Watch use of jargon or medical terms
- Explain any unfamiliar terms
  - · Clarify details
- · Listen before replying
  - Show concern
- Learn to say "thank you" and "I am sorry"
  - · Respond assertively

45

#### Phone Etiquette Transferring Calls

- Let the caller know WHY you need to transfer them and ASK permission
- If they do not agree to the transfer, ask to take a message
- Let the caller know WHERE and to WHOM you are transferring them
- If you know they will be going to voice mail, explain how your office policy works for return calls. Example: a nurse call that goes to voice mail or a call to the billing office.

# Phone Etiquette Answering Machines

- Introduce yourself with first and last name, company and/or department name
- · State the date and time of your call
- Leave contact information clearly
- Say phone numbers slowly
- Speak clearly and don't rush

47

# Phone Etiquette

- Answering Machines
  - Be clear make sure the recipient will understand why you are calling or what you want them to do
  - Repeat your contact information

#### Dealing with Difficult Patients by Phone

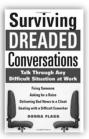
- REMEMBER: Its not what you say, but HOW you say it
- Give the patient your name, and use their name in the conversation
- Determine whether the caller is in medical distress
- Ask the patient if they have a specific question you can answer.
- Assure the patient that your goal is to help.



49

#### Dealing With Difficult Patients by Phone

- Stay calm- remain diplomatic and polite.
- Sincerity Always show your willingness to resolve the problem, or conflict and be sincere
- Be empathetic- Try to think like the caller; put yourself in their shoes
  - "I understand why that would be upsetting to you"
  - Tell me what is wrong so I might try to be of help"
- Pass the call to a supervisor or manager if necessary



"No one can make you feel inferior without your permission."

**Eleanor Roosevelt** 

51

# Phone Etiquette The Final Word...

- Devote time and resources to assist staff to be confident and exhibit the best communication skills
- When staff interact with effective, empathetic and compassionate communication- they build unbreakable, longterm relationships that will generate a steady stream of "word- of- mouth" referrals.

