TRAINING HANDOUTS

Faster & Easier Commercial Payer Enrollment & Credentialing



Inconvenience

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2277 Trade Center Way, Suite 101, Naples, FL 34109,

Phone: 800-767-1181 • Fax: 800-767-9706

E-mail: <u>info@trainingleader.com</u>
Website: www.hctrainingleader.com

About Your Expert



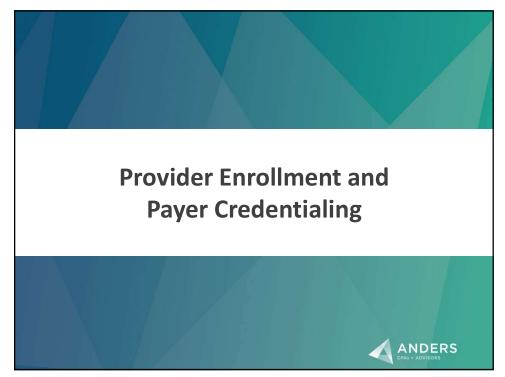
Merella Schandl, MHA, CPMSM, CPCS Senior Healthcare Consultant

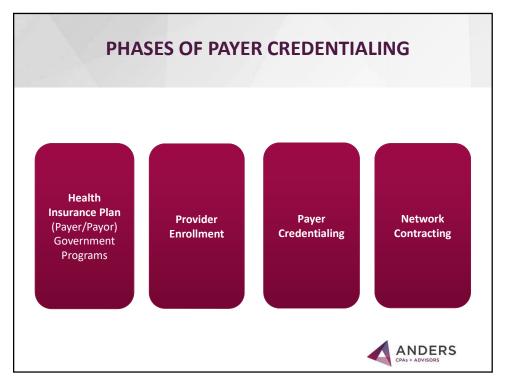
Merella brings over 25 years of health care experience to Anders as a senior health care consultant, having worked with all facets of the industry.

With over 25 years of healthcare compliance, enrollment and credentialing experience, Merella brings a wealth of knowledge to her clients. She advises hospitals, managed care organizations and physician practices on regulatory compliance and credentialing. As a senior health care consultant with Anders Consulting, Merella designs and implements plans for integrating provider enrollment while delegating credentialing and medical staff services to enhance client revenue cycles. She provides practice assessments to independent/group physicians, identifying areas for improvement related to process improvement, design flow, staffing and other processes.

As a National Association of Medical Staff Services Instructor, she is able to continue industry education to those seeking certification in credentialing and leadership. A frequent presenter, Merella shares her depth of health care knowledge through local and national speaking opportunities. Merella is heavily involved in industry organizations and is currently pursuing a certification as a Six Sigma Black Belt.









TYPES OF HEALTH INSURANCE PLANS

Private, Federal, State and Commercial Payers...

- Health Maintenance Organizations
- Preferred Provider Organizations
- Exclusive Provider Organizations
- Point-of-Service Plan
- Private Fee-For-Service
 - Medicare Advantage (Medicare Part C)
- Federal and State Programs
 - Medicare, Medicaid, Children's Health Insurance Program, TRICARE, Veterans Administration



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COMMERCIAL PAYERS

Processes vary by payer

Phase I Credentialing

- Provider request participation
- Ensure CAQH is current
- Primary Source Verification
- Complete credential file submitted to the Credential Committee for review and consideration of approval
- Process time up to 90 days
- Do not retro effective dates

Phase II Contracting

- Extend contract/participation agreement
- Provider reviews/signs
- Network receives signed agreement
 - Issues effective date and provider number for billing
- Process time 30-45 days after credentialing is complete

"In-Network" reimbursements are not received until the contracting is complete and an effective date is received"





WHAT IS PROVIDER ENROLLMENT?

Also known as payer enrollment...

The process referring to a provider or practitioner who request to join and participate in health insurance networks for the purpose of submitting claims so they can be reimbursed for services.



PROVIDER CREDENTIALING TYPES

Who must enroll to maximize financial benefits...

Facility

- Hospital Ambulatory Surgery Center Extended Care Facility Rehabilitation Facility
- Hospice Clinic
- - Federally Qualified Health Center (FQHC) Rural Health Clinic

 - Medical Clinic Family Planning Nurse Practitioner

 - Nurse Practitioner
 Dental Clinic
 Outpatient Mental Health
 Community Mental Health
 School Corporation
 Public Health Agency
 Pharmacy

- Pharmacy
 DME/Medical Supply Dealer
 Transportation Provider
- Ambulance Laboratory

Practitioner

- Advanced Practice Registered Nurse (APRN, CNM, CRNAs, CNS) Physician Assistant
- Physician
- Behavioral Health Provider

 Health Service Provider in Psychology
 Behavioral and Primary Healthcare

 - Behavioral and Primary Healthcare
 Coordination
 Licensed Psychologists
 clinic and school based
 Licensed Clinical Social Workers
 Licensed Clinical Addiction Counselor
 Licensed Mental Health Counselor
 ict
- Dentist
- Podiatrist Chiropractor
- Optometrist Therapist

- Audiologist Genetic Counselors



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ENROLLMENT TYPES

Understanding enrollment statuses...

- Participating (in-network)
- Non-participating (out-of-network)
- Opt-out (Medicare)



PROVIDER ENROLLMENT PROFESSIONAL

Establish a tracking plan for turnaround times...

- Receipt of onboarding application and documents
- Application completion to payer submission
- Payer request for additional documentation
- Days in payer credentialing to final determination notice to provider or enrollment professional
- Days in network contracting



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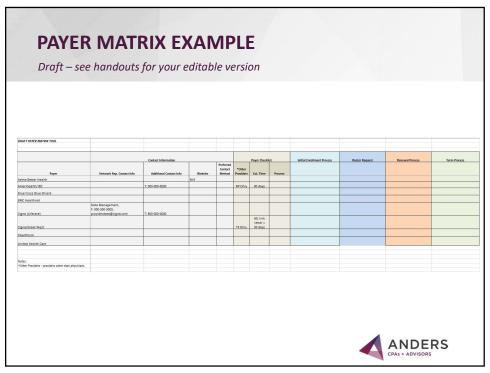
PRE-ENROLLMENT STRATEGY

Create an enrollment matrix...



- Identify payer selection by highest payer mix
- Research payer websites to determine:
 - Process to join the network
 - Specific criteria (CAQH, Volume Data, Collaborative Agreements, etc.)
 - Checklist of required documents
 - Timeframe for credentialing and contracting
 - Follow-up methodology
 - Telephone and fax numbers and email addresses
- Contact payers and obtain:
 - Names of payer representatives (if applicable)
 - Preferred method of contact
 - Start building relationships
- Notate key payer information onto the Matrix
 - Include process to renew and term providers





POLICIES AND PROCEDURES

Align your matrix with accrediting body and your organization's policy and procedure requirements...

Sample Policy and Procedure Criteria

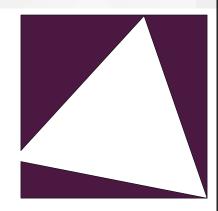
- Establish turn around times
 - Internal review of an application
 - Practitioner to submit required elements of an application
 - Return incomplete applications
- Scanning
- Expiration Management
- Required Outstanding Application Verification Requests
- Recredentialing and revalidations
- Demographic changes and/or updates
- CAQH Profiles



PROVIDER ENROLLMENT WORKFLOW

Refer to your organization's policy and procedures and payer matrix...

- CAQH Profile
 - Requires a signed CAQH Statement of Authorization
 - Review, update, attest
- Ensure Data Transparency
 - CV is in the mm/yyyy format
 - Correct addresses, expiration dates, etc.
 - Identify work history and gap explanations
 - Malpractice history
 - Sanction information
 - Application/attestation questions answered
- · Set Payer Follow-Up Alerts





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COMMERCIAL PAYER ENROLLMENT CHECKLIST

See handouts for a full version

Collect provider information and documents

- ☐ Preapplication, CAQH, NPI registry, rosters
- ☐ Review/QA for completeness/accuracy
- ☐ Check addresses, ZIP codes, and counties on USPS website
- ☐ Check names/addresses/expiration dates on licensure and supporting documents

Obtain, complete, and submit application

- ☐ Health plan—specific enrollment instructions (e.g., on website or application)
- ☐ Provider identifying information, education, training
- ☐ Provider licensure, certifications, affiliations
- Work history and gap information ☐ Practice information/description/services
- □ Professional liability insurance
- ☐ Billing information/clearinghouse/third-party administrator
- □ Attestation questions/disclosures
- ☐ Ownership/controlled interest disclosure
- □ Information release/acknowledgments
- ☐ Provider agreement(s)/EFT agreement
- ☐ Checklist of attachments



COMMERCIAL PAYER ENROLLMENT CHECKLIST

See handouts for a full version

Submit required application materials (Keep in mind that specific requirements may vary by health plan)

- ☐ All applicable professional, medical, federal, state, and local licensure; certifications; and
- ☐ IRS-issued CP575 and signed/dated IRS W9
- ☐ Articles of incorporation/partnership agreement, etc.
- ☐ Professional degree, fellowship, residency
- ☐ Driver's license, passport, visa (as applicable)
- ☐ Professional and general liability, workers' comp (if applicable)
- ☐ Copy of voided check (for EFT agreement)
- ☐ Copy of lease agreement for practice location (if required by state)
- ☐ Application fee (if applicable)
- \square Cover letter (paper applications only)



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COMMERCIAL PAYER ENROLLMENT CHECKLIST

See handouts for a full version

Follow up, follow up, follow up until determination is made

- ☐ Communication, communication, communication (e.g., with practitioner, practice manager, health plan analyst, onboarding team, billing department)
- ☐ Follow up with payer (e.g., by email, phone, fax)
- ☐ Document all follow-up efforts
- ☐ Respond promptly to any requests
- ☐ Provide regular updates about enrollment status, and log everything into the system
- ☐ If approved, ask for an acceptance/welcome letter or duplicate letter
- ☐ If denied, ask for letter and why and when you can re-apply

Obtain proof of enrollment/denial

- ☐ Provide necessary materials to billing department (e.g., practitioner participating ID provided by plan, effective date)
- ☐ Complete any applicable EDI, EFT, and/or ERA paperwork
- ☐ Record/load new contract in databa
- □ Obtain executed copies, welcome letters; ensure that providers are loaded into payer network system

Maintain continued enrollment

- ☐ Send any changes, updates, or terminations to the payer
- ☐ Submit recredentialing, revalidations, and/or re-attestations as required by the payer





WHAT IS CREDENTIALING?

Managed Care...

Process by which a healthcare organization reviews and evaluates the qualifications and professional background of licensed professionals and practitioner organizations to ensure the delivery of quality care to its members.



COMMERCIAL PAYER CREDENTIALING

Process varies by payer and typically includes...

- Collection of required data and documents
- Access to provider authorized CAQH application and documents
- Completing a thorough review of information
 - Notify provider of incomplete CAQH or missing information request
- Conduct primary source verification
- Obtain Credentials Committee approval
- Network Contracting issues agreement
- Participation determination



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COMMERCIAL PAYER CREDENTIALING

Required to achieve payer participation...

Primary Source Verification

- Licensure (State, Controlled Substance, DEA)
- · Board certification
- Education and training
- Work history
- Hospital privileges or admitting arrangements
- Professional liability insurance
- National Practitioner Data Bank
- Sanctions





CHALLENGES IN PAYER CREDENTIALING

- Lack CMS recognition
- Varied credentialing processes
- Payer time frames
- Lengthy and time-consuming applications
- Closed or narrow networks
- Healthcare Provider Data Management
- Financial Impacts
- Avoidable Common Pitfalls



OUT-OF-NETWORK PROVIDERS

- Can results in higher costs for patients
- HMO plans do no allow for coverage of patients treated by out-of-network
- No guarantee that claims will be processed
- Claim acceptance by a payer depends on whether or not the patient's policy allows out-of-network benefits
- Medicare and Medicaid do not pay for out-of-network services



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AVOIDABLE DELAYS

Invest the time, expect to spend upward of 10 hours on each application from initial submission to contract receipt...

- Overlooked details on applications (work gaps, claims history)
- Missing data fields (signatures and dates)
- No structured follow-up with payers
- Lapse in CAQH information
 - Not re-attesting timely
 - Expired items and documents
 - Incorrect credentialing contacts
 - Practice addresses not updated



ENCOUNTERING CHALLENGES WITH PAYERS

Working with closed or narrow networks...

- Closed network
 - Doesn't accept new providers/groups
 - Network maintains volume of similar providers
- Narrow network
 - Maintain enough par providers of a specific type and is usually not seeking to expand further



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CLOSED NETWORKS

Create a strategic appeal to open closed networks...

- Clarifying merits to be an in-network provider:
 - unique value add
 - rare or otherwise desired specialty
 - volume of patients
 - profile quality
 - clean claims record
 - type of patient population
 - rural
 - inner-city



APPEALING CREDENTIALING DECISION

Follow the payer's requirements regarding appeals procedures...

- Call the payer
- Document efforts
- Develop a value proposition letter
 - include your unique clarifying information
 - no longer than one page
 - address to the executive of payer contracting



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KEY CHALLENGES IN HEALTHCARE DATA

Payer inefficiencies that weigh down the enrollment process...

- Inaccurate provider data
 - potential lost revenue
- · Ability to manage compliance and risk
- Disparate systems
- Lacks transparent interfacing
- No uniform process



PAYER COMMUNICATION BARRIERS

Provider Enrollment and Credentialing...

- Work in silos
- Lack interfacing systems
- Absence of transparency
- · Single source for provider data



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AVOID FINANCIAL IMPACTS

Be proactive to challenges associated with payer credentialing...

- Build relationships with health plan representatives
 - Streamlines application concerns timely
 - Allows providers the ability to be proactive
 - Provider Reps alerts in advance of changes
- Keep your data up-to-date
- Respond to payer requests timely
- Create a payer enrollment matrix



AVOID COMMON PITFALLS

Credentialing and enrollment bottlenecks...

- Initiating the process too late
- Submitting incomplete applications
- Untimely responses to payers
- Not challenging delays
 - Payer backlog of applications
 - Inefficient follow-up
- Expired Documents



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WORKFLOWS / PROCESS MAPPING

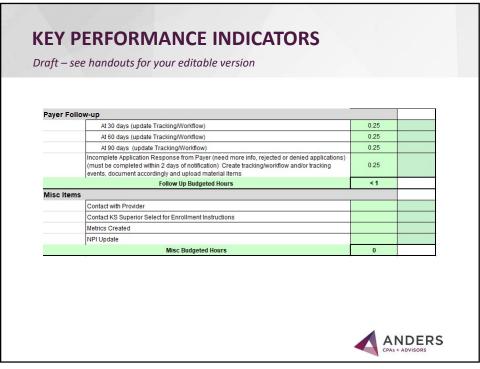
From onboarding to payer effective dates...

- Develop workflows to ensure the enrollment process is mapped accordingly across departments that it impacts.
- Streamline efficiencies to create a seamless process.
- Create ongoing process improvement to reduce risk to bottom line revenue.
- Understand payer contracts and processes to establish accountability for potential errors/omissions.



er:	Start Date	I I
Performance Indicators	Budget Hours to Complete Task	Actual Hours
IFICATION OF NEW CLIENT/PROVIDER/LOCATION		
e 1. Provider Data Entry der Application		
Verity - Review and Data Entry	5-10	
CAQH - enter or update provide information, Key provider data into Verity and upload supporting documents appropriately		
Data Entry Budgeted Hours	< 3	
e II. Payer Status		
Contact Aetna to determine provider status	< .25	
Contact UHC to determine provider status	< .25	
Update Tracking and Workflow to reflect the provider status under appropriate payer	< .25	
Payer Status Budgeted Hours	<1	

KEY PERFORMANCE INDICATORS Draft - see handouts for your editable version Phase III. Enrollment (payer process can take anywhere from 90-120 days) Complete ALL payer applications (Utilize Verity Forms when possible) Link Letter/Online Application, submit to payer and upload to Verity 0.25 Provider Add Request Form, submit to payer and upload to Verity 0.50 2.00 Credentialing Application, submit to payer and upload to Verity Initial Credentialing Request Email, submt to payer and upload to Verity 0.25 Application, submit to payer and upload to Verity 0.50 Online Application, submit to payer and upload to Verity 0.50 PECOS enrollment and upload to Verity 0.50 PTAN Request and upload to Verity 0.25 Online Nomination Form, submit to payer and upload to Verity 0.50 Online Nomination Form, submit to payer and upload to Verity Application/Link Letters, submit to payer and upload to Verity Conduct follow-up with the plan within 5-15 days of submission to ensure that the plan received the application and update Tracking/Workflow Enrollment Budgeted Hours ANDERS

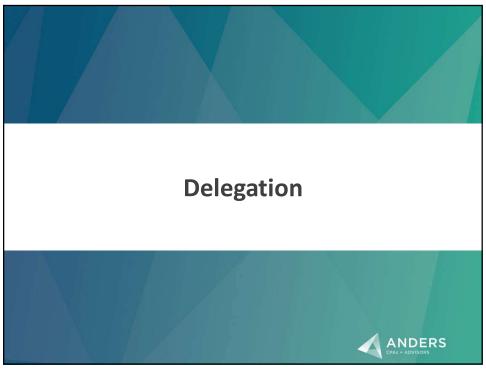


REVENUE CYCLE MANAGEMENT

Impacts of fragile credentialing efforts...

- Out-of-network services
- Frustrated patients
- Lost revenue
- Delayed payments
- · Rejected or denied claims





WHAT IS DELEGATION?

A payer grants a qualified entity authorization to perform a portion of its credentialing process and provides ongoing oversight to ensure that the delegate adheres to program requirements established by federal and state regulators, accreditors and the payer.



DELEGATED ENTITY

- Health system
- Hospital
- Medical group
- Independent practice association
- Credentials Verification Organization (CVO)
- Health plan
- Health care entity performing specific credentialing functions on behalf of a payer (under contract)



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DELEGATED CREDENTIALING

Results in expeditious enrollment...

- Clinicians can begin practicing earlier
- Timelier reimbursements
- Patient access to health care
- Health plans conserve resources and expand their networks





SUMMARY

Provider to Payer Enrollment...

- Provider request to join a payer network
- · Reviews and updates CAQH profile
- Complete payer applications
- Submit supporting documents
- Signing the contract/participation agreement
- Payer credentialing process
- Network contracting
- Payer determination



KEY TAKE AWAY

Enrollment lacks standardization – a long and complex process...

- Health insurance plans contracted
- Government programs non-contracted
- · Varies by payer to initiate the process
 - a phone call to the payer
 - complete standard forms
 - complete online credentialing applications
- CAQH intent to standardize
 - requires manual intervention
 - consistent follow up to ensure accuracy and timeliness
- Understand key terms used in payer contracts
- · Relationships with Provider Reps



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KEY TAKE AWAY

Benefits of Payer Credentialing...

- Allows patients better access to care
- Providers access to a higher volume of patients in your service area
- Maximizes financial benefits





