

# **Stop Costly Telehealth Mental Health Billing Errors and Payer Audits**

**Post-Test for  
American Academy of Professional Coders  
Continuing Education Units  
from Healthcare Training Leader Webinar**

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**Instructions:**

Enclosed is your post-test for the E/M Documentation Guidelines: Bust Overpayments With Clean Claims webinar. This program meets AAPC guidelines for 1.0 CEU. On Demand product requires successful completion of a Post-Test for continuing education units. Please provide your contact information, answer the questions, and then submit your post-test to Healthcare Training Leader® by:

**Mail:** 2277 Trade Center Way, Suite 101, Naples, FL 34109,

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**Questions:**

1. Mental health services can only be billed by providers credentialed with the specialty of psychology.
  - a. True
  - b. False
2. Which of the following E/M code categories would not typically be used by a mental health provider to receive reimbursement for services outside of psychotherapy?
  - a. Non face-to-face prolonged services
  - b. Preventative visits
  - c. Transitional care management
  - d. Telephone E/M services
3. Documentation of psychotherapy should include all of the following except:
  - a. Acknowledgement of face-to-face encounter
  - b. Interaction between the physician or other qualified healthcare provider and patient on issues related to mood, behavior, feelings, and thoughts, also referred to as talk therapy
  - c. Patient's progress towards goal
  - d. Documentation of some of the time spent as long as it supports greater than 50% of the time stated in the CPT code description
4. All of the following are true of psychotherapy codes, except:
  - a. They are time-based services.
  - b. There is a code option for interactive complexity that represents increased work that adds difficulty to delivery of service.
  - c. There are add-on codes for psychotherapy services.
  - d. There is only one set of codes used for psychotherapy, regardless of who is being treated during the session: family, group or individual.
5. Psychotherapy diagnostic evaluations:
  - a. Include collection information about the present and past behavior concerns and gathering of past, family medical and social history.
  - b. Can only be used for new patients that require an evaluation
  - c. Can be billed multiple times per day
  - d. Do not include psychotherapy services.

6. Which of the following scenarios would not be an indication to use psychotherapy for crisis?
  - a. Problems documented to be “life threatening”.
  - b. Problems that require immediate attention to a patient in high distress.
  - c. A routine therapy session for an established patient that is improving.
  - d. A patient in a complex state requiring immediate attention to prevent harm to self or others.
  
7. Which of the following provider types are not recognized by CMS as providers who are eligible to furnish diagnostic and/or therapeutic treatment?
  - a. Clinical social workers (CSW)
  - b. Clinical nurse specialists (CNS)
  - c. Medical assistant (MOA)
  - d. Certified nurse-midwives (CNM)
  
8. Psychotherapy diagnostic evaluations:
  - a. Can only be used for new patients that require an evaluation
  - b. Can be billed multiple times per day
  - c. Do not include psychotherapy services.
  - d. Include collection information about the present and past behavior concerns and gathering of past, family medical and social history.
  
9. Which of the following scenarios would not be an indication to use psychotherapy for crisis?
  - a. Problems documented to be “life threatening”.
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  - c. A routine therapy session for an established patient that is improving.
  - d. A patient in a complex state requiring immediate attention to prevent harm to self or others.

10. What is the definition of a Qualified Healthcare Professional?
- a. A physician or other qualified health care professional' is an individual who is qualified by education, training, licensure/regulation (when applicable) and facility privileging (when applicable) who performs a professional service within his/her scope of practice and independently reports that professional service.
  - b. An employee that has graduated from college with a masters or doctorate degree in a mental health related degree
  - c. A non-licensed employee that has completed extensive internal training related to the services they will be rendering
  - d. A non-licensed non-credentialed employee that has completed extensive internal training related to the services they will be rendering

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